

An exceptional range of superior organic hand sanitisers that will not only keep your hands germfree but also anoint them with a gorgeous fragrance as well as helping to moisturise and protect them!

The natural plant-based alcohol used is proven to kill 99.9% of all bacteria and microbes; the high concentration of organic aloe vera together with a unique blend of essential oils will give your hands all their known natural goodness.

Essential oils are highly concentrated plant extracts that retain the natural goodness, aroma and flavour, or essence, of their original source.

#### **BASE ESSENTIAL OIL**

Aloe Vera essential oil is a great hand moisturiser and conditioner for those who have dry skin. It can also be used for sun protection and as an astringent that helps in tightening the skin. It also has pain relieving properties and is used in the treatment of burns. Aloe Vera is the base essential oil to which a mix of the ingredients below are then added. We also offer an Aloe Vera option only.

### ESSENTIAL OILS BLEND A - Lavender / Mandarin / Jasmine

Lavender essential oil helps promote calmness and wellness. It also helps reduce stress, anxiety, and possibly even mild pain, helping you to sleep. It can also help in treating skin problems like acne, eczema, and wrinkles.

Mandarin essential oil is a soothing, cheering and a gentle essential oil. It has uplifting and balancing qualities and is emotionally comforting. It is also useful in body skincare blends especially for softening stretch marks.

Jasmine essential oil has great antibacterial properties and is known to fight various bacteria. Jasmine essential oil also has antiinflammatory properties and can be useful in general skin care and the treatment of psoriasis.

## ESSENTIAL OILS BLEND B - Lemongrass / Patchouli / Manuka

Lemongrass essential oil has strong antioxidant as well as anti-inflammatory properties. It is also thought to help relieve pain and treat stomach upsets and diarrhoea. It is also believed to have a role to play in the treatment of fungal infections.

Patchouli essential oil is used to treat skin conditions such as dermatitis, acne plus dry and cracked skin. It is also believed to relieve depression and ease symptoms of conditions like colds, headaches and stomach upset.

Basil essential oil is considered a natural tonic for nerves, known for reducing anxious feelings. It also nourishes, repairs, balances and brightens the skin easing minor skin irritations. It is reputed to repel insects eliminating odour causing bacteria.

### ESSENTIAL OILS BLEND C - Manuka / Cedar / Grapefruit

Manuka essential oil is known to be antibacterial, anti-fungal, anti-histaminic and anti-allergenic. It helps to curb bacterial growth and bacterial attacks. It is also great for insect bites, can help speed up wound healing and treat blemishes.

Cedar essential oil is antiseptic, anti-inflammatory, and antimicrobial. It is also good for acne and said to reduce the appearance of scars, treat minor wounds, alleviate arthritis pain and sooth symptoms of eczema. It can also help reduce anxiety and stress.

Grapefruit essential oil is especially good in helping with oily skin. It is also considered to benefit acne and help with colds, depression, fatigue, hangovers, headaches and even jet lag. It can reduce stress, stimulate circulation, and enhance mood.

## ESSENTIAL OILS BLEND D - Geranium / Lime / Peppermint

Geranium essential oil has antibacterial, antimicrobial, and antiseptic properties that make it beneficial for reducing acne breakouts, skin irritation and skin infections. It also has anti-inflammatory properties and has a calming effect.

Lime essential oil is known as an astringent and commonly used in skincare and to reduce ageing. It also has antiseptic, antibacterial, antimicrobial, and antiviral properties. Like many essential oils it invigorates the mind and body also acting as an insect deterrent.

Peppermint essential oil is used to help many digestive complaints as well as provide a fresh, clean aroma to products it is mixed with. When applied on the skin it creates a cool, tingling, refreshing sensation to revitalise the hands.

# ESSENTIAL OILS BLEND E - Bergamot / Vetiver / Black Pepper

Bergamot essential oil has antibacterial and anti-inflammatory properties. It is considered an effective spot treatment for acne and its analgesic qualities may also make it effective against painful cysts and pimples.

Vetiver essential oil possesses antioxidant and anti-septic properties providing relief from inflammation and preventing the growth of harmful bacteria. It is also known to firm, tighten, and protect skin thereby exhibiting anti-aging properties.

Black pepper essential oil has warming, anti-inflammatory and antispasmodic properties. It is an effective skin-purifier eliminating impurities, toxins, and bacteria from the surface of the skin and allowing pores to breathe again.